

# 0-3 can mean OIC

**Taking opioid pain medication for chronic pain and experiencing 3 or less bowel movements per week may be an indicator of opioid-induced constipation (OIC)<sup>1</sup>**

Use this questionnaire to take a proactive approach to OIC by starting the conversation:

## 1. How many bowel movements are you experiencing per week?

- 0-3       4-7       8+

## 2. What have you tried over time to relieve your OIC? (Check all that apply)

- Over-the-counter laxatives from a pharmacy, such as:
- Miralax®       Fiber (for example, Metamucil®)
- Senokot®       Enemas
- Stool softeners (for example, Colace®)       Other \_\_\_\_\_
- Dulcolax®
- Lifestyle and dietary changes (such as increased movement, fiber, or liquids)
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## 3. On a scale of 1-7, how frustrated are you with your opioid-induced constipation?

Not at all frustrated      1      2      3      4      5      6      7      Very frustrated



**IF YOU ARE TAKING AN OPIOID PAIN MEDICINE FOR CHRONIC PAIN AND HAVING 0-3 BOWEL MOVEMENTS PER WEEK, IT'S TIME TO TALK ABOUT RELISTOR, A TARGETED TREATMENT APPROACH FOR OIC<sup>1</sup>**

## INDICATIONS

RELISTOR® (methylnaltrexone bromide) is a prescription medicine used to treat constipation in adults that is caused by prescription pain medicines called opioids.

- RELISTOR tablets and RELISTOR injection are used to treat constipation caused by opioids in adults with long-lasting (chronic) pain that is not caused by active cancer.
- RELISTOR injection is also used to treat constipation caused by opioids in adults with advanced illness or pain caused by active cancer and who need increases in their opioid dose for pain management.

## IMPORTANT SAFETY INFORMATION

- Do not take RELISTOR if you have a bowel blockage (called an intestinal obstruction) or have a history of bowel blockage.

**Please see additional Important Safety Information throughout and accompanying [full Prescribing Information](#).**

**RELISTOR**<sup>®</sup>  
methylnaltrexone bromide  
Tablets

**RELISTOR**<sup>®</sup>  
methylnaltrexone bromide  
Subcutaneous Injection

## IMPORTANT SAFETY INFORMATION *Continued*

- RELISTOR can cause serious side effects such as a tear in your stomach or intestinal wall (perforation). Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that is severe, does not go away, or gets worse, stop taking RELISTOR and get emergency medical help right away.
- Stop using RELISTOR and call your healthcare provider if you get diarrhea that is severe or that does not go away during treatment with RELISTOR.
- You may have symptoms of opioid withdrawal during treatment with RELISTOR including sweating, chills, diarrhea, stomach pain, anxiety, and yawning. Tell your healthcare provider if you have any of these symptoms.
- Tell your healthcare provider if you have kidney or liver problems.
- Tell your healthcare provider if you have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- Tell your healthcare provider if you are pregnant or plan to become pregnant. Taking RELISTOR during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with RELISTOR.
- Taking RELISTOR while you are breastfeeding may cause opioid withdrawal in your baby. You should not breastfeed during treatment with RELISTOR. You and your healthcare provider should decide if you will take RELISTOR or breastfeed. You should not do both.
- Also, tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
- In a clinical study, the most common side effects of RELISTOR tablets in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, diarrhea, headache, swelling or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.
- In a clinical study, the most common side effects of RELISTOR injection in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, nausea, diarrhea, sweating, hot flush, tremor, and chills.
- In clinical studies, the most common side effects of RELISTOR injection in people receiving treatment for their advanced illness include: stomach-area (abdomen) pain, gas, nausea, dizziness, and diarrhea.

You are encouraged to report side effects of prescription drugs to FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center

Phone: 1-800-321-4576

Fax: 1-510-595-8183

Email: [salixmc@diss.com](mailto:salixmc@diss.com)

**Please see additional Important Safety Information throughout and accompanying full Prescribing Information.**

REFERENCE: 1. RELISTOR [prescribing information]. Bridgewater, NJ: Salix Pharmaceuticals.



[www.salix.com](http://www.salix.com)

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